

NUTRITION INFORMATION

营养成分表

Servings per package: 17
Serving size: 50g

每罐17份
每份: 50g (250ml)

	单位 Unit	每份50g Per 50g serving	每100g Per 100g
Energy	能量	kJ	862 1724
Protein	蛋白质	g	10.5 21.0
Fat	脂肪	g	6.1 12.2
- Saturated	饱和脂肪酸	g	1.7 3.4
- Polyunsaturated	多元不饱和脂肪酸	g	1.7 3.4
- Monounsaturated	单不饱和脂肪酸	g	2.7 5.3
- Trans	反式脂肪酸	g	0.03 0.06
Carbohydrates	碳水化合物	g	24.6 49.2
- Sugars	糖	g	4.3 8.5
- Lactose	乳糖	g	<0.2 <0.4
Dietary Fibre	膳食纤维	g	1.8 3.6
- FOS	低聚果糖	g	1.8 3.6
Sodium	钠	mg	74 148
Vitamins	维生素		
Vitamin A	维生素A	µg RE	260 520
Vitamin D	维生素D	µg	3.5 7
Vitamin E	维生素E	mg α-TE	5 10
Vitamin K	维生素K	µg	20 40
Thiamin (Vitamin B1)	维生素B1	mg	0.55 1.1
Riboflavin (Vitamin B2)	维生素B2	mg	0.6 1.2
Niacin	烟酸	mg	5 10
Pantothenic acid	泛酸	mg	0.8 1.6
Vitamin B6	维生素B6	mg	0.8 1.6
Vitamin B12	维生素B12	µg	1 2
Vitamin C	维生素C	mg	20 40
Folic acid	叶酸	µg	70 140
Biotin	生物素	µg	5 10
Choline	胆碱	mg	75 150
Minerals	矿物质		
Calcium	钙	mg	276 552
Phosphorus	磷	mg	137 274
Potassium	钾	mg	392 784
Chloride	氯	mg	308 616
Zinc	锌	mg	2.4 4.8
Iron	铁	mg	2.7 5.3
Magnesium	镁	mg	53 107
Chromium	铬	µg	20 40
Copper	铜	mg	0.3 0.6
Manganese	锰	mg	0.75 1.5
Molybdenum	钼	µg	25 50
Selenium	硒	µg	15 30
Iodine	碘	µg	38 76

DIETARY INFORMATION: 膳食信息:

Halal Certified | 清真
Allergens: Contains Soy.
过敏原: 含有大豆产品。



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For further information please visit:

www.natureonedairy.com

Questions about our Products?

Speak to us at enquiries@natureonedairy.com

对我们的产品有兴趣吗?

请电邮询问 enquiries@natureonedairy.com

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Health.Vitality.Strength
Your partner for an
Active Life ahead.
全面营养, 健康生活。



COMPLETE
NUTRITION
28
VITAMINS &
MINERALS

全营养配方, 富含
28种矿物质
维生素



- ✓ Trans Fat Free
无反式脂肪酸
- ✓ Lactose Free and Gluten Free
无乳糖和麸质配方
- ✓ No Added Preservatives
没有添加防腐剂
- ✓ No Artificial Colours or Flavours
无添加人工色素或香精

ACTIVEPRO

COMPLETE NUTRITION

奥纯冠 ACTIVEPRO

全面营养配方

KEY NUTRIENTS

关键营养素



28 ESSENTIAL VITAMINS AND MINERALS

全面营养配方，富含28种矿物质及维生素

ActivePro Complete Nutrition is a nutritionally complete powder with fibre for adults daily consumption.

Formulated with 28 Vitamins and Minerals, ActivePro is suitable for adults over 18 years old.

Vitamins and minerals are considered essential nutrients- because acting in concert, they perform hundreds of roles in the body.

They shore up bones, heal wounds, and bolster your immune system.

They also convert food into energy, and repair cellular damage.

Lactose-free and
Gluten-free.

ActivePro Complete Nutrition 是适合成人每天食用,富含膳食纤维的营养粉。

ActivePro含有28种维生素及矿物质,它适合超过18岁的成人服用。

维生素及矿物质被视为必需营养素,因为它们共同在人体机能方面扮演很多角色。

它们支撑人体骨架,愈合伤口,增强免疫力。

它们也将食物转换为能量并修复细胞损害。

不含乳糖 不含麸质。



CHOLINE

contributes to the maintenance of normal liver function.

胆碱

有助维持正常的肝脏功能。



PROTEIN

helps in tissue building and growth.

蛋白质

有助肌肉组织生长。



CALCIUM

helps build/to support development of strong bones and teeth.

钙

有助维持强健的骨骼与牙齿。



VITAMIN D

helps support calcium absorption and improves bone strength.

维生素D

有助钙吸收与增强骨骼强度。



FOS

stimulates the bifidobacteria, resulting in a significant increase of the beneficial bifidobacteria in the intestinal tract.

低聚果糖

刺激肠道中益生菌生长,维持消化系统健康。

